Calcium and phosphate ion releasing composite: Effect of pH on release and mechanical properties

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**A B S T R A C T**

Objectives. Secondary caries and restoration fracture are the two main challenges facing tooth cavity restorations. The objective of this study was to develop a composite using tetracalcium phosphate (TTCP) fillers and whiskers to be stress-bearing, and to be “smart” to increase the calcium (Ca) and phosphate (PO\textsubscript{4}) ion release at cariogenic pH.

Methods. TTCP was ball-milled to obtain four different particle sizes: 16.2, 2.4, 1.3, and 0.97\textmu m. Whiskers fused with nano-sized silica were combined with TTCP as fillers in a resin. Filler level mass fractions varied from 0 to 75%. Ca and PO\textsubscript{4} ion releases were measured vs. time at pH of 7.4, 6, and 4. Composite mechanical properties were measured via three-point flexure before and after immersion in solutions at the three pH.

Results. TTCP composite without whiskers had flexural strength similar to a resin-modified glass ionomer (Vitremer) and previous Ca–PO\textsubscript{4} composites. With whiskers, the TTCP composite had a flexural strength (mean \( \pm \) S.D.; \( n = 5 \)) of (116 \( \pm \) 9) MPa, similar to (112 \( \pm \) 14) MPa of a stress-bearing, non-releasing hybrid composite (TPH) \( (p > 0.1) \). The Ca release was (1.22 \( \pm \) 0.16) mmol/L at pH of 4, higher than (0.54 \( \pm \) 0.09) at pH of 6, and (0.22 \( \pm \) 0.06) at pH of 7.4 \( (p < 0.05) \). PO\textsubscript{4} release was also dramatically increased at acidic pH. After immersion, the TTCP–whisker composite matched the strength of TPH at all three pH \( (p > 0.1) \); both TTCP–whisker composite and TPH had strengths about threefold that of a releasing control.

Significance. The new TTCP–whisker composite was “smart” and increased the Ca and PO\textsubscript{4} release dramatically when the pH was reduced from neutral to a cariogenic pH of 4, when these ions are most needed to inhibit caries. Its strength was two- to threefold higher than previously known Ca–PO\textsubscript{4} composites and resin-modified glass ionomer. This composite may have the potential to provide the necessary combination of load-bearing and caries-inhibiting capabilities.

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1. Introduction

Dental polymeric composites are composed of reinforcing inorganic fillers in a dimethacrylate resin monomer matrix that is polymerized to form a solid restoration [1-6]. Resin compositions, fillers and cure conditions have been improved, and composite properties and clinical usefulness have been enhanced [7-11]. However, recent reports on composite restorations still indicate that “The two main challenges are secondary caries and bulk fracture” [12,13]. Secondary caries at the tooth restoration margins is the most frequent reason for replacement of existing restorations [14]. Replacement of existing restorations accounts for more than half of all operative work, and replacement dentistry costs about $5 billion annually in the U.S. alone [15].

Calcium and phosphate (CaPO₄) particles have been used as fillers in dental resins, and the resulting composite released calcium (Ca) and phosphate (PO₄) ions, which can form hydroxyapatite [Ca₁₀(PO₄)₆(OH)₂], the putative mineral in enamel and dentin [16-20]. CaPO₄ composites were shown to remineralize enamel and dentin lesions in vitro [16,19]. However, the Ca-Po₄ composites had flexural strengths of about half of that of the unfilled resin [17]. Such low strengths were “inadequate to make these composites acceptable as bulk restoratives” [18]. Recently, nanoparticles of calcium phosphates were synthesized and incorporated into dental resins [21-23]. The high surface area of the nanoparticles, coupled with strong reinforcement fillers, resulted in composites with stress-bearing and Ca and PO₄ releasing capabilities. However, these studies used only dicalcium phosphate anhydrous (DCPA: CaHPO₄) powders [21-23]. Tetracalcium phosphate [TTCP: Ca₄(PO₄)₂O] is another important compound used in bone cements [24], tissue engineering scaffolds [25,26], and dental composites [19]. TTCP is the most alkaline among all Ca-Po₄ compounds [24] and, hence, is promising in buffering harmful acids and inhibiting tooth caries. Previous studies used TTCP with a particle size of about 17 μm [19,24-26]. There has been no investigation on using finer TTCP particles as fillers in dental resins, and no study on the effect of pH of the immersion solution on ion release and mechanical properties of TTCP-based dental composite.

The oral plaque pH after a sucrose rinse can decrease to 4.5 or even 4 [27,28]. A plaque pH of higher than 6 is considered to be the safe area, a plaque pH of 6.0-5.5 is the potentially cariogenic area, and pH of 5.5-4 is the cariogenic or danger area [29,30]. The lengths of whiskers ranged from 2 to 30 μm, with a mean of about 5 μm [29,30]. The whiskers were mixed with nano-sized silica (Aerosil-OX50, Degussa, Ridgefield, NJ) having a diameter of about 40 nm, at a whisker:silica mass ratio of 5:1. The mixture was heated in the furnace at 800 °C for 30 min to fuse the nanosilica onto the whiskers. The purpose of this fusion was to roughen the whisker surfaces, as well as to enhance the silanization efficacy, for improved retention in the resin [29,30]. The nanosilica-fused whiskers were then silanized with 4% 3-methacryloxypropyltrimethoxysilane and 2% n-propylamine (mass fractions) [29,30].

2. Materials and methods

2.1. TTCP fillers and whiskers

Tetracalcium phosphate [TTCP: Ca₄(PO₄)₂O] was synthesized from a solid-state reaction between CaHPO₄ and CaCO₃ (Baker Analyzed Reagents, J. T. Baker Chemical, Phillipsburg, NJ), which were mixed and heated at 1500 °C for 6 h in a furnace (Model 51333, Lindberg, Watertown, WI) [24-26]. The heated mixture was quenched to room temperature, ground in a blender (Dynamics Corp., New Hartford, CT) for approximately 10 min. The powder was then sieved to obtain TTCP particles with sizes ranging from about 1.5 to 60 μm, with a median particle size of 16.2 μm. This TTCP powder was similar to those used in previous bone repair materials and dental composite [19,20,24-26].

This TTCP powder was then ground in 95% ethanol with a ball mill (Bel-Alert Products, Pequannock, NJ; 120 balls, 300 rpm) for 3, 24, and 72 h, respectively, to obtain three finer TTCP powders. The particle size distribution was measured via a sedimentation method with the use of a centrifugal particle analyzer (SA-CP3, Shimazu, Kyoto, Japan).

Silicon nitride whiskers (β-Si₃N₄, UBE, New York, NY) were used with diameters ranging from 0.1 to 2 μm, with a mean of approximately 0.4 μm. The lengths of whiskers ranged from 2 to 30 μm, with a mean of 5 μm [29,30]. The whiskers were mixed with nano-sized silica (Aerosil-OX50, Degussa, Ridgefield, NJ) having a diameter of about 40 nm, at a whisker:silica mass ratio of 5:1. The mixture was heated in the furnace at 800 °C for 30 min to fuse the nanosilica onto the whiskers. The purpose of this fusion was to roughen the whisker surfaces, as well as to enhance the silanization efficacy, for improved retention in the resin [29,30]. The nanosilica-fused whiskers were then silanized with 4% 3-methacryloxypropyltrimethoxysilane and 2% n-propylamine (mass fractions) [29,30].

2.2. Resin composite fabrication

A monomer consisting of 48.975% Bis-GMA (bisphenol glycidyl dimethacrylate), 48.975% TEGDMA (triethylene glycol dimethacrylate), 0.050% 2,6-di-tert-butyl-4-methylphenol, and 2.000% benzoyl peroxide formed part I, the initiator, of a two-part chemically-activated resin [22]. Part II, the accelerator resin, consisted of 49.5% Bis-GMA, 49.5% TEGDMA, and 1.0% N,N-dihydroxyethyl-p-toluidine.

Four groups of specimens were fabricated. The purpose of group 1 was to examine the effect of TTCP filler level on composite mechanical properties. The finest TTCP powder (0.97 μm) from ball-milling was used, because previous studies showed that smaller particles with a higher surface area yielded more ion release from the composite [23]. The following TTCP filler mass fractions were used in the resin: 0% (unfilled resin), 30%, 40%, 50%, 60%, 70%, and 75%. Equal masses of the two pastes, part I and part II, were
The TTCP particle size vs. ball milling time data are shown in Fig. 1. There was a sharp reduction in TTCP particle size initially, but the decrease became much slower over longer milling time. The finest TTCP powder obtained at 72 h had a median (50th percentile) diameter of 0.97 μm, with a particle size range of approximately 0.2–3.0 μm.

3. Results

The TTCP particle size vs. ball milling time data are shown in Fig. 1. There was a sharp reduction in TTCP particle size initially, but the decrease became much slower over longer milling time. The finest TTCP powder obtained at 72 h had a median (50th percentile) diameter of 0.97 μm, with a particle size range of approximately 0.2–3.0 μm.
The results of group 1 are plotted in Fig. 2, which shows the effect of TTCP filler level on composite mechanical properties. Each value is the mean of five measurements with the error bar showing one standard deviation (mean ± S.D.; n = 5). The TTCP particle size was 0.97 μm, and no whiskers were used in the composite.

Fig. 2 – (A and B) Results of group 1 on the effect of TTCP filler level on composite mechanical properties. Each value is the mean of five measurements with the error bar showing one standard deviation (mean ± S.D.; n = 5). The TTCP particle size was 0.97 μm, and no whiskers were used in the composite.

The results of group 1 are plotted in Fig. 2, which shows the effect of TTCP filler level on (A) flexural strength, and (B) elastic modulus (mean ± S.D.; n = 5). Incorporating TTCP (0.97 μm) into the resin significantly decreased the strength but increased the elastic modulus (p < 0.05). The strength for composites with 30% to 75% fillers was about 60 MPa, not significantly different from each other (p > 0.1). However, the modulus monotonically increased with TTCP filler level, from (3.8 ± 0.3) GPa at 30% TTCP, to (11.9 ± 0.5) GPa at 75% TTCP (p < 0.05).

The results of group 2 on the effects of TTCP particle size and whisker reinforcement, at a fixed filler level of 75%, are shown in Fig. 3. For the composite containing 75% TTCP without whiskers, increasing the TTCP particle size from 0.97 to 16.2 μm significantly decreased the composite strength (p < 0.05). At a TTCP size of 0.97 μm, the composite strength (mean ± S.D.; n = 5) was (63 ± 8) MPa, not significantly different from (60 ± 6) of Vitremer (p > 0.1). However, at TTCP:whisker ratio of 1:1, TTCP particle size did not significantly change the composite strength (p > 0.1). The flexural strength at TTCP size of 0.97 μm was (116 ± 9) MPa, similar to (108 ± 9) MPa at TTCP size of 16.2 μm; both are similar to the (112 ± 14) MPa of TPH (p > 0.1). These strengths are nearly twofold those of TTCP composite without whiskers, and that of Vitremer.

The elastic modulus (Fig. 3B) varied from about 11.5 GPa to 13.5 GPa, with the composite containing the 16.2-μm TTCP having a slightly higher modulus. All the TTCP composites at TTCP:whisker ratio of 1:1 had significantly (p < 0.05)
Fig. 4 – (A and B) Ca and PO4 release for group 3: composite filled with 0.97-μm TTCP to 75% mass fraction, without whiskers. Each value is mean ± S.D.; n = 3. Decreasing the solution pH significantly increased the ion release from the composite (p < 0.05).

The Ca and PO4 ion release from the first composite in group 3, which was filled with TTCP (0.97 μm) to 75% mass fraction (without whiskers), is plotted in Fig. 4. Two-way ANOVA showed significant effects of solution pH and immersion time, with a significant interaction between the two variables (p < 0.05). Decreasing the solution pH increased the ion release. The Ca concentration at 28 days was (1.22 ± 0.16) mmol/L at pH of 4, significantly higher than (0.54 ± 0.09) mmol/L at pH of 6, and (0.22 ± 0.06) mmol/L at pH of 7.4 (p < 0.05). The PO4 was (0.60 ± 0.12) mmol/L at pH of 4, higher than (0.25 ± 0.07) mmol/L at pH of 6, and (0.08 ± 0.03) mmol/L at pH of 7.4 (p < 0.05). For both Ca and PO4, the release was increased by about sixfold when the pH was reduced from 7.4 to 4. The amounts of release were significantly lower than the corresponding releases from the composite filled with TTCP particles without whiskers in Fig. 4 (p < 0.05).

The results of group 4 are shown in Fig. 6. The composite with 75% fillers at a TTCP-whisker ratio of 1:1, TPH, and Vitremer were immersed in solutions at pH of 7.4, 6 and 4 for 28 days. In general, solution pH had only minor effects on the strength and modulus. The main results are: (1) the TTCP-whisker composite matched the strengths of TPH at all three pH; (2) both TTCP-whisker composite and TPH had higher elastic moduli than the (10.9 ± 0.8) GPa of TPH, and the (10.6 ± 0.9) GPa of Vitremer.

The Ca and PO4 ion release from the first composite in group 3, which was filled with TTCP (0.97 μm) to 75% mass fraction (without whiskers), is plotted in Fig. 4. Two-way ANOVA showed significant effects of solution pH and immersion time, with a significant interaction between the two variables (p < 0.05). Decreasing the solution pH increased the ion release. The Ca concentration at 28 days was (10.76 ± 0.51) mmol/L at pH of 4, significantly higher than (2.29 ± 0.16) mmol/L at pH of 6, and (0.51 ± 0.04) mmol/L at pH of 7.4 (p < 0.05). The PO4 was (6.09 ± 0.05) mmol/L at pH of 4, higher than (1.29 ± 0.06) mmol/L at pH of 6, and (0.12 ± 0.01) mmol/L at pH of 7.4 (p < 0.05).

The Ca and PO4 release from the second composite in group 3, at a TTCP-whisker ratio of 1:1 and 75% total filler, is plotted in Fig. 5. Decreasing the solution pH increased the ion release. The Ca concentration at 28 days was (1.22 ± 0.16) mmol/L at pH of 4, significantly higher than (0.54 ± 0.09) mmol/L at pH of 6, and (0.22 ± 0.06) mmol/L at pH of 7.4 (p < 0.05). The PO4 was (0.60 ± 0.12) mmol/L at pH of 4, higher than (0.25 ± 0.07) mmol/L at pH of 6, and (0.08 ± 0.03) mmol/L at pH of 7.4 (p < 0.05). For both Ca and PO4, the release was increased by about sixfold when the pH was reduced from 7.4 to 4. The amounts of release were significantly lower than the corresponding releases from the composite filled with TTCP particles without whiskers in Fig. 4 (p < 0.05).

The results of group 4 are shown in Fig. 6. The composite with 75% fillers at a TTCP-whisker ratio of 1:1, TPH, and Vitremer were immersed in solutions at pH of 7.4, 6 and 4 for 28 days. In general, solution pH had only minor effects on the strength and modulus. The main results are: (1) the TTCP-whisker composite matched the strengths of TPH at all three pH; (2) both TTCP-whisker composite and TPH had higher elastic moduli than the (10.9 ± 0.8) GPa of TPH, and the (10.6 ± 0.9) GPa of Vitremer.

Fig. 5 – (A and B) Ca and PO4 release for group 3: TTCP–whisker composite with 37.5% of TTCP (0.97 μm TTCP), and 37.5% of whiskers. Each value is mean ± S.D.; n = 3.
strengths about threefold the strength of Vitremer; and (3) all three materials had similar elastic moduli, with little change vs. solution pH for the range tested. Compared to the mechanical properties without immersion in Fig. 3, both TPH and TTCP-whisker composite showed no significant decrease in strength or modulus in immersion ($p > 0.1$). Vitremer showed a significant decrease in strength ($p < 0.05$), but no decrease in modulus during immersion ($p > 0.1$).

4. Discussion

A new composite was developed using ball-milled fine TTCP particles and nanosilica-fused whiskers. The incorporation of TTCP enabled the composite to release Ca and PO$_4$ ions to combat secondary caries, while the whiskers provided the needed load-bearing ability. This new composite had flexural strength and elastic modulus matching those of a commercial stress-bearing, non-releasing composite, both before and after immersion in solutions at pH of 7.4, 6, and 4. The strength of TTCP composite without whiskers was about half of that for the unfilled resin, similar to previous studies showing that the calcium phosphate composites had flexural strengths of about half of that of the unfilled resin [17,18]. TTCP and other calcium phosphate fillers did not reinforce the resin, likely because these fillers are not strong mechanically, and they were not silanized and hence did not bond chemically to the resin matrix. A separate study showed that silanization of Ca–PO$_4$ fillers did not increase the strength of a Ca–PO$_4$ composite [23], likely because the silane did not bond to calcium phosphate fillers. Furthermore, silanization of Ca–PO$_4$ fillers was not desirable because it reduced the Ca and PO$_4$ ion release [23]. Therefore, a more effective approach to increasing the composite mechanical properties would be to use a strong co-filler for reinforcement. In the present study, the TTCP-whisker composite had strengths about twofold those of the TTCP composite without whiskers. Moreover, previous studies showed that nanosilica-fused whiskers were effectively silanized and bonded to the resin [29,30]. As a result, immersion in solutions at pH of 7.4, 6 and 4 did not significantly reduce the strength of the TTCP–whisker composite, which was similar to that of a commercial hybrid composite, in contrast to a significant strength loss for a releasing control material.

Both the TTCP composite and the TTCP–whisker composite were “smart” in that they dramatically increased the Ca and PO$_4$ ion release when the pH was reduced from neutral to a cariogenic pH of 4. The local plaque pH of >6 is the safe area, pH of 6.0–5.5 is the potentially cariogenic area, and pH of 5.5 to 4 is the cariogenic or danger area for cavity formation [27,28]. Hence, the ability of the TTCP composite and the TTCP–whisker composite to dramatically increase the release of caries-inhibiting ions at lower pH, when the Ca and PO$_4$ ions are most needed, is highly desirable. Previous studies have examined the release of fluoride ions and chlorhexidine from restoratives at neutral and acidic pH, showing higher releases at lower pH [34–36]. In previous studies, Ca and PO$_4$ ion release from composites for remineralization was measured at neutral pH, but no investigation at cariogenic pH was carried out [17–20]. Based on our literature search, the present study is the first report on Ca and PO$_4$ release at acidic pH for smart Ca–PO$_4$ composites, showing substantial increases in Ca and PO$_4$ release at cariogenic pH.

The TTCP–whisker composite had a flexural strength of 116 MPa, two- to threefold higher than the strengths of previously known Ca–PO$_4$ composites before immersion. For example, in one study, amorphous calcium phosphate (ACP) fillers were used to develop an ACP remineralizing composite [16,17]. For dry specimens without immersion, the ACP composite had a flexural strength of (47 ± 5) MPa using unmilled ACP, and (56 ± 16) MPa using milled ACP [37]. In another study on a novel Ca–PO$_4$ composite, a biaxial flexural strength of 40–60 MPa before immersion was reported; the strength decreased to 10–20 MPa after 90 days of immersion [20].
strength of the ACP-composite decreased to 40 MPa after 11 days of immersion [17,18]. These strengths are similar to the strength of Vitremer after immersion (Fig. 6), hence these materials have the potential to be useful in low-load-bearing restorations. The strength of the new TTCP–whisker composite is two- to threefold higher than previously known Ca–PO4 releasing composites. This was likely because the nanosilica-fused whiskers were tough and stable, and were strongly bonded with the resin matrix [29,30]. Hence the composite is expected to have improved long-term durability than the previously known Ca–PO4 composites that do not have a stable reinforcement phase. Further studies are needed to investigate the long-term water-aging and wear behavior of the TTCP–whisker composite.

Regarding clinical applications, for deep cavities and other complex-shaped cavities where carious tissues may not be removed completely, the TTCP composite without whiskers may be able to serve as a base or a core buildup material. In these restorations, the high Ca and PO4 release (Fig. 4) should be highly desirable to remineralize remnants of cavities and to prevent future caries, while the moderate strength may not be a concern because the base will be covered by a stronger occlusal composite. Previous studies showed that when the Ca and PO4 ions were released from the composite, they precipitated to form hydroxyapatite outside the composite and contributed to remineralization of the lesion [16,19]. On the other hand, the stronger TTCP–whisker composite, with strength and modulus matching a commercial hybrid composite, may be used where hybrid composites are used, including posterior load-bearing restorations. The TTCP–whisker composite increased the Ca and PO4 release by about sixfold when the pH was reduced from neutral to a cariogenic pH of 4. Such a smart, stress-bearing composite may be highly advantageous for inhibiting secondary caries, which is currently a major reason for the replacement of existing restorations [12–15].

Currently available posterior composites and hybrid composites can be used in stress-bearing restorations, but they generally do not release Ca, PO4 or F ions. On the other hand, restoratives that do release Ca and PO4 ions are relatively weak and cannot be used in large stress-bearing restorations. Therefore, there is a need to develop new composites that are as strong as hybrid composites, while at the same time have sustained release of high levels of Ca and PO4 to inhibit caries, with the composite being smart to substantially increase the ion release at cariogenic pH. The TTCP–whisker composite developed in the present study may have the potential to meet this need. Further studies are needed to fully characterize its long-term load-bearing capabilities and in situ tooth caries-inhibition efficacy.

5. Summary

(1) A new composite was developed using ball-milled fine TTCP particles and nanosilica-fused whiskers. The composite had flexural strength and elastic modulus matching those of a commercial stress-bearing, non-releasing composite, both before and after immersion in solutions with neutral and acidic pH.

(2) The TTCP–whisker composite was “smart” and increased the Ca and PO4 ion release by about sixfold when the pH was reduced from neutral to a cariogenic pH of 4, when these ions are most needed to inhibit caries.

(3) The TTCP–whisker composite had flexural strength two- to threefold higher than previously known Ca–PO4 composites, as well as a commercial resin-modified glass ionomer.

(4) The smart, Ca and PO4 releasing composite, with mechanical properties matching those of a commercial hybrid composite, may have the potential to provide the necessary combination of load-bearing and caries-inhibiting capabilities.

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